

<b>Theme &amp; Passage(s)</b>	<b>Theme: Hungry at Harvest</b> <b>Passages: Ruth 1, Ps 34:8, Jn 6:35</b>
<b>Welcome</b>	Tell of the last time you did something courageous.
<b>Worship</b>	<p><b>Resources:</b> provide a small loaf of bread, a glass of grape juice, paper and pen</p> <p><b>Worship Ideas:</b></p> <ul style="list-style-type: none"> <li>● Remind the group that Jesus called himself ‘the bread of life’</li> <li>● Ask ‘Why did he choose bread and not something else?’</li> <li>● Explore the qualities of bread together and take notes</li> <li>● Read the notes back to the group and invite prayers of thanksgiving</li> <li>● Using 1 Cor 11:23-25 invite all those who know the Lord to share communion together</li> </ul>
<b>Word/ Read &amp; Reflect</b>	<p>Begin in silence, welcoming the Holy Spirit to guide you. If you haven’t already read Ruth 1 read it now and then be silent, attentive to the Spirit.</p> <p><b>Share out of this experience...</b></p> <p>To introduce this series you can watch this 7min video from the Bible Project <a href="https://www.youtube.com/watch?v=0h1eoBeR4Jk">https://www.youtube.com/watch?v=0h1eoBeR4Jk</a></p> <p><b>If time, consider some of the following questions...</b></p> <ol style="list-style-type: none"> <li>1. Can you recall/do you know any of the meanings of the names in the early verses of the chapter? e.g. Mahlon - sickly. How are they significant?</li> <li>2. Why would Naomi’s situation have seemed so desperate to her after her husband and sons died?</li> <li>3. How have you dealt with apparently unanswered prayer in the past? Encourage one another.</li> <li>4. Is anyone hungry for the bread of life or in a moment of crisis in which they feel they need to ‘taste and see that the Lord is good’? Ask for prayer from your small group members?</li> </ol>
<b>Working it out</b>	Ask God to show you this week a situation where He is calling you to make a godly choice for the benefit of another as Ruth did.
<b>Extra</b>	